



Q4 2025
Issue 66

Applegate Awareness

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This last four months of the year have been especially significant for the entire Applegate family. At each of our locations, we have experienced moments that reflect the heart of our mission: to provide care, support, and quality of life to the children and young people we accompany every day.

During these months, we had the opportunity to strengthen our team through specialized training for our managers, focused on leadership, communication, and more sensitive and effective intervention strategies. These sessions not only enriched our skills but also reinforced our commitment to a collaborative, professional work environment centered on the well-being of our clients.

We also experienced one of the most anticipated moments of the year: our Halloween costume party, a day full of creativity, laughter, and a magical atmosphere that allowed every child and team member to express themselves freely. It was a celebration that reminded us of the importance of inclusion, imagination, and human connection.

And now, we are preparing to close the year with our Christmas party, a time to give thanks, share, and recognize the efforts of everyone who is part of Applegate. We are deeply grateful for the dedication of our staff, the trust of the families, and the joy that the children bring us every day.

Let's continue moving forward, learning, and building together a safe and happy environment for our clients.

Thank you for being part of this journey, and may these holidays be filled with peace, hope, and unforgettable moments!

WINTER SELF-CARE

CAMPBELL RIVER, BC



BUNDLE UP

Wear warm clothes and accessories to stay cozy.



GET ACTIVE

Engage in outdoor activities like walking or hiking



PRACTICE SELF-COMPASSION

Be kind to yourself and prioritize your well-being

CREATIVE INDOORS

Pursue hobbies like reading, crafting, or cooking





AFN Releases Progress Report on Canada's Implementation of the UN Declaration on the Rights of Indigenous Peoples Act – "Accelerated Action is Needed Now"

October 29, 2025

Topic(s): Reconciliation

Source: [Assembly of First Nations News](#)

(October 29, 2025 – Vancouver, BC) – As the British Columbia Assembly of First Nations (AFN) hosts its 22nd Annual General Meeting and delegates from across the region gather to discuss First Nations priorities, the Assembly of First Nations (AFN) has released its 2025 Progress Report on Implementing the United Nations Declaration on the Rights of Indigenous Peoples Act (UNDA). The report tracks Canada's progress in implementing its commitments made under the UNDA Action Plan released in June 2023.

"While there has been progress in some key areas, including policy and legislation, we need to do more," said National Chief Woodhouse Nepinak. "With a new government and a new session of Parliament, now is the time for bold strides towards transformative change. Our report points to critical gaps in implementation and the need to work together to ensure federal laws are consistent with the UN Declaration. The UN Declaration is not a discretionary commitment. These are legal obligations that Canada has committed in the most unqualified way to realizing in policy, legislation and international commitments, and under Canada's legal obligations under various human rights treaties. We continue to call for the funding needed to achieve full implementation of the Act and for the full affirmation of First Nations inherent and Treaty rights, title, and jurisdiction."

The National Chief pointed to positive steps over the past year, such as the release of the Indigenous Justice Strategy, the creation of the UNDA Action Plan Advisory Committee, and ongoing implementation of An Act respecting First Nations, Inuit and Métis children, youth and families. The National Chief stated that accelerated action will benefit everyone. The report finds that, of the UNDA Action Plan Measures related to First Nations' and Shared Priorities, seven have seen moderate progress, with the remaining 123 Action Plan Measures having little or some progress (60) or no visible progress at all (64).

"Canada is focused on economic prosperity," said National Chief Woodhouse Nepinak. "Canadians need to understand that implementing the UNDA will create the conditions for strong, self-determining First Nations and a stronger economy for the entire country. This report is a call to Parliamentarians to work with First Nations to implement the UN Declaration, and to respect the UNDA and free, prior and informed consent. First Nations must be full and equal partners in all nation-building efforts, including major projects under Bill C-5. Accelerated action is needed now so the next AFN Progress Report can show the positive impacts of our ongoing work."

"The implementation of the UN Declaration through the UNDA federal legislation has immense transformative potential, which will be of tremendous benefit to not only First Nations, but all Canadians," stated BC Regional Chief Terry Teegee, portfolio holder on the UN Declaration for the AFN. "I remain concerned that the federal government has failed to act on their commitments to the UN Declaration in relation to Bill C-5 and has yet to express a commitment to the implementation of the Act. Canada must come to the table with a whole of government that aligns all federal legislation with the principles and standards of the UN declaration, including free, prior and informed consent."



HEALTH & SAFETY TIPS FOR WINTER



CHECK YOUR VEHICLE



Inspect tires, battery, fluids & lights.

WEAR WINTER CLOTHING



Dress in layers, hat, gloves & scarf.

USE SAFE FOOTWEAR



Wear slip-resistant, insulated boots.

STAY WARM



Take breaks to warm up. Avoid prolonged exposure to cold.

CARRY EMERGENCY SUPPLIES



Pack a blanket, flashlight & first aid kit.

BE CAUTIOUS OUTDOORS



Walk carefully on ice, clear snow & drive safely.

WINTER SAFETY TIPS FOR HEALTHCARE WORKERS

 **STAY ALERT**

 **BE PREPARED**

 **STAY SAFE**

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